

CORPUS CHRISTI COMMUNITY MENTAL HEALTH RESOURCES

Updated on: Thursday, March 08, 2012

Contact Robert Berlin at the Center for Individual & Family Counseling for more information
(361) 334-3335

ADHD	<p>ADHD SUPPORT & PSYCHOEDUCATION GROUP TAMUCC Counseling Center Facilitator: Nadia Hafan Location: TAMUCC Counseling Center When: TBD Cost: Free to TAMUCC students Call: (361) 825-2703 for more information.</p>
ADOLESCENT - BOYS	<p>OVERCOMING PORN! Center for Individual & Family Counseling Facilitator: Robert Berlin Locations: 3833 S. Staples St., Ste N206 When: Saturdays, 10am to 12pm Cost: \$150 (insurance accepted) Call: (361) 945-5840</p> <p>HEALTHY RELATIONSHIP SKILLS Cease Addiction Now Facilitator: Robert Berlin Locations: Juvenile Probation Office, 2310 Gollihar, Corpus Christi, TX 78415 When: Wednesdays, 5:30pm to 7:30pm Cost: Free Call: (361) 945-5840</p>
ADOLESCENT - GIRLS	
ADULT SEX OFFENDER TREATMENT	<p>SEX OFFENDER TREATMENT Hamilton Psychology Facilitator: Sharon Sanders, MS, LPC, LSOTP Location: 5866 S. Staples St., Ste 313, Corpus Christi, TX 78411 When: Tuesdays, 5:45pm; Thursdays, 3:45pm & 6:30pm Cost: Requires referral from Adult Probation Call: (361) 980-1080</p>
ANGER	<p>FIRE & ICE (MOOD MANAGEMENT) TAMUCC Counseling Center Facilitator: Theresa Sharp Location: TAMUCC Counseling Center When: Mondays, 3:30-5pm Cost: Free to TAMUCC students Call: (361) 825-2703 for more information.</p>

<p>ANGER</p>	<p>R.O.A.R - MEN RECOGNIZING OBSTACLES TO ANGER RESOLUTION Family Outreach Corpus Christi Facilitator: Staff Location: 1444 Baldwin Blvd. When: 6-8pm Wednesdays Cost: Free Call: (361) 888-6041</p> <p>R.O.A.R - WOMEN RECOGNIZING OBSTACLES TO ANGER RESOLUTION Family Outreach Corpus Christi Facilitator: Staff Location: 1444 Baldwin Blvd. When: 6-8pm, Tuesdays Cost: Free Call: (361) 888-6041</p>
<p>ANXIETY</p>	<p>SOCIAL ANXIETY TAMUCC Counseling Center Facilitator: Suzanne Bonds Location: TAMUCC Counseling Center When: Tuesdays 5:30-7 Cost: Free to TAMUCC students Call: (361) 825-2703 for more information.</p>
<p>AUTISM & ASPERGER'S</p>	<p>SOCIAL UNDERSTANDING FOR AUTISM AND ASPERGER GIRLS (8-12 YEARS OLD) Spectrum Counseling Facilitator: Bill Butler and Amy Bowers-Yilmazer Location: 3440 S. Alameda St., Corpus Christi, TX 78411 When: Tuesdays, 4:30pm Cost: \$25 Call: (361) 851-5111</p> <p>SOCIAL UNDERSTANDING FOR AUTISM AND ASPERGER TEENS (16-21 YEARS OLD) Spectrum Counseling Facilitator: Bill Butler and Amy Bowers-Yilmazer Location: 3440 S. Alameda St., Corpus Christi, TX 78411 When: Mondays, 4:30pm Cost: \$25 Call: (361) 851-5111</p> <p>SOCIAL UNDERSTANDING FOR AUTISM AND ASPERGER TEENS (12-16 YEARS OLD) Spectrum Counseling Facilitator: Bill Butler and Amy Bowers-Yilmazer Location: 3440 S. Alameda St., Corpus Christi, TX 78411 When: Tuesdays, 6pm; Wednesdays, 4:30pm Cost: \$25 Call: (361) 851-5111</p>

<p>AUTISM & ASPERGERS</p>	<p>SOCIAL UNDERSTANDING FOR AUTISM AND ASPERGER YOUNG BOYS (6-12 YEARS OLD) Spectrum Counseling Facilitator: Bill Butler and Amy Bowers-Yilmazer Location: 3440 S. Alameda St., Corpus Christi, TX 78411 When: Wednesdays, 3:150m Cost: \$25 Call: (361) 851-5111</p>
<p>DIVORCE & CUSTODY</p>	<p>FOR KIDS' SAKE - DIVORCE AND CUSTODY RELATED ISSUES (State wide program, created by Texas Bar Association) Acorn Counseling Facilitator: Richard Ward Location: 9708 SPID, Ste. A202 (Flour Bluff) When: 1st Saturday of every month @ 9am-1pm 2nd Tuesday of every month @ 6pm-10pm Cost: \$35/person (Participants receive certificate of completion) Call: (361) 937-8711 for more information</p>
<p>GRIEF</p>	<p>CAREGIVER'S GRIEF SUPPORT GROUP Odyssey Hospice Facilitator: Charlotte Otto MS, LPC- S, BC Location: 5350 S. Staples, Suite 400, Corpus Christi, TX 78411 When: Tuesdays @ 3-4:30pm Cost: Free, open to public Call: (361) 992-2700 x25</p> <p>LOSS OF PARENT/GRANDPARENT SUPPORT GROUP FOR TEENS & CHILDREN Odyssey Hospice Facilitator: Charlotte Otto MS, LPC- S, BC Location: 5350 S. Staples, Suite 400, Corpus Christi, TX 78411 When: Tuesdays & Thursdays @ 5-6pm Cost: Free, open to public Call: (361) 992-2700 x25</p> <p>LOSS OF SIBLING/PARENT/ADULT CHILD SUPPORT GROUP Odyssey Hospice Facilitator: Charlotte Otto MS, LPC- S, BC Location: 5350 S. Staples, Suite 400, Corpus Christi, TX 78411 When: Tuesdays @ 5-6pm and Thursdays 5-6pm Cost: Free, open to public Call: (361) 992-2700 x25</p> <p>LOSS OF SPOUSE SUPPORT GROUP Odyssey Hospice Facilitator: Charlotte Otto MS, LPC- S, BC Location: 5350 S. Staples, Suite 400, Corpus Christi, TX 78411 When: Mondays @ 1:30-3pm and 6-7:30pm Cost: Free, open to public Call: (361) 992-2700 x25</p>

<p>MARRIAGE/ COUPLES</p>	<p>MARRIAGE MAINTENANCE Family Outreach Corpus Christi Facilitator: Staff Location: 1444 Baldwin Blvd. When: March 19-May 7, 6-8pm, Mondays Cost: Free Call: (361) 888-6041</p>
<p>PARENTING</p>	<p>INFANT PARENTING Prevention & Addiction Council Facilitator: Lisa Ramirez Location: 1800 S. Staples, Ste. 200, Corpus Christi, TX 78404 When: Wednesday, 5pm and Thursday 1pm Cost: Free Call (361) 945-4501 for more information.</p> <p>POST-PARTUM SUPPORT GROUP Prevention & Addiction Council Facilitator: Lisa Ramirez Location: 1800 S. Staples, Ste. 200, Corpus Christi, TX 78404 When: Tuesdays, 2pm Cost: Free Call: (361) 945-4501 for more information.</p> <p>PREGNANCY WORKSHOP Family Outreach Corpus Christi Facilitator: Staff Location: 1444 Baldwin Blvd. When: 6-8pm, Wednesdays Cost: Free Call: (361) 888-6041</p> <p>PRENATAL CARE/LABOR & DELIVERY Prevention & Addiction Council Facilitator: Lisa Ramirez Location: 1800 S. Staples, Ste. 200, Corpus Christi, TX 78404 When: Wednesdays, 3pm Cost: Free Call: (361) 945-5840 for more information.</p> <p>R.I.S.E. REACHING INDIVIDUALITY THROUGH SELF-EMPOWERMENT (Just for mothers. Includes parenting, stress and anger management, nutrition, lifeskills) Family Outreach Corpus Christi Facilitator: Staff Location: 1444 Baldwin Blvd. When: 11am – 12pm, Thursdays Cost: Free Call: (361) 888-6041</p>

<p>PARENTING</p>	<p>S.H.A.P.E. SUPPLYING HEALTHY ALTERNATIVES FOR PERSONAL EMPOWERMENT (Ideal for parents of children with ADHD) Family Outreach Corpus Christi Facilitator: Staff Location: 1444 Baldwin Blvd. When: March 27-May 15, 6-8pm Tuesdays Cost: Free Call: (361) 888-6041</p> <p>SUPER PARENTING (Participants receive certificate of completion after 12 sessions) Acorn Counseling Facilitator: Richard Ward Location: 9708 SPID, Ste. A202 (Flour Bluff) When: Call to schedule. Program offered in three 2½-hour sessions Cost: \$45/person per two-hour session. Call: (361) 937-8711 for more information.</p>
<p>RELATIONSHIPS</p>	<p>INTERPERSONAL PROCESS (RELATIONSHIP) GROUPS TAMUCC Counseling Center Facilitator: Claudia Ayala Location: TAMUCC Counseling Center When: Wednesdays, 5-7pm Cost: Free to TAMUCC students Call: (361) 825-2703</p>
<p>SENIORS</p>	<p>SENIOR SERVICES Family Counseling Services Facilitator: Kristi Phillips, LMFT Location: 3833 S. Staples St., Ste S203, Corpus Christi, TX 78411 When: Ongoing Cost: Free Call: (361) 852-9665 for more information.</p>
<p>SEXUAL ABUSE</p>	<p>S.C.A.R.S. SEXUAL CHILD ABUSE & RAPE SUPPORT GROUP Family Outreach Corpus Christi Facilitator: Staff Location: 1444 Baldwin Blvd. When: 6-8pm Thursdays Cost: Free Call: (361) 888-6041</p> <p>TEEN S.C.A.R.S. SEXUAL CHILD ABUSE & RAPE SUPPORT GROUP FOR TEENS (AGES 13-17) Family Outreach Corpus Christi Facilitator: Staff Location: 1444 Baldwin Blvd. When: 6-8pm, Wednesdays Cost: Free Call: (361) 888-6041</p>

<p>SPIRITUALITY</p>	<p>CENTERING PRAYER Center for Individual & Family Counseling Facilitator: Olivia Kelly & Laurie Hoffman Location: St. Andrew by the Sea Catholic Church, 14238 Encantada Ave., Corpus Christi, TX 78418 When: First session is on Saturday, February 25th from 9am-1pm Participants meet Thursdays for six weeks thereafter from 7pm-8pm to practice prayer and meditation together on the following dates: March 1st, 8th, 15th, 22nd, 29th and finally April 5th Cost: \$25 donation requested Call: (361) 334-3335 for more information and location</p>
<p>STROKE/BRAIN INJURY</p>	<p>STROKE & BRAIN INJURY SUPPORT GROUP Spohn Hospital-Shoreline Facilitator: Staff Location: 600 Elizabeth St., Corpus Christi, TX 78401 When: TBA Cost: Free Call: (361) 881-3000 ext. 14415</p>
<p>SUBSTANCE ABUSE</p>	<p>ADOLESCENT SUBSTANCE ABUSE PSYCHOEDUCATION AND SUPPORT GROUPS Prevention & Addiction Council Facilitator: Staff Location: 1633 18th Street, Corpus Christi, TX 78404 When: Thursdays @5:30pm Cost: Free or Sliding Scale Call: (361) 887-7070</p> <p>ADULT SUBSTANCE ABUSE PSYCHOEDUCATION AND SUPPORT GROUPS Prevention & Addiction Council Facilitator: Staff Location: 1800 S. Staples, Ste. 200, Corpus Christi, TX 78404 When: Mondays, Wednesday, Thursdays @ 6-8:30 Cost: Free or Sliding Scale Call: (361) 854-9199 to schedule appointment for screening & assessment</p>
<p>SUICIDE SURVIVORS</p>	<p>SURVIVORS AFTER SUICIDE Family Counseling Services Facilitator: Christine Des Roiser, MS Location: 3833 S. Staples St., Ste S203, Corpus Christi, TX 78411 When: 1st Monday of the month @ 6:30pm Cost: Free Call: (361) 852-9665 for more information.</p>